## البلالي In the name of Allah, Most Beneficent, Most Merciful

# Begin to UNDERSTAND QUR'AN & SALAH -The Easy Way

## **A SHORT COURSE for Beginners**

A simple yet effective course of 10 hours to teach you 100 words which occur approx. 40,000 times (out of a total of approx. 78000 or 50% of total words) in the Qur'an using Daily Recitations and other selections.

Only basic meanings of the words are taught in this course.

Objectives: (1) To prove that the Qur'an is easy to learn; (2) To encourage you to study the Qur'an with meanings; (3) To teach how to interact with the Qur'an

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#### **IMPORTANT GUIDELINES**

**Prerequisite:** You should be able to read Arabic text.

#### Duration: 10 hours

#### Some Guidelines for using the Short Course Effectively:

- We will learn with love, smiles, and relaxation.
- This is a thoroughly interactive short course therefore listen attentively, and participate continuously.
- We are practicing so there is no problem even if you do mistakes. Nobody learns without first committing mistakes.
- The one who practices more will get more even if he/she commits mistake.
- Remember the golden rule:
  **I listen, I forget. I see, I remember. I practice, I learn.**
- Remember the 3 levels of learning:
  - Listening (without paying attention). Your ear hears noises.
  - Listening carelessly or with doubt.
  - Listening interactively; listening with HEART; responding immediately to the points.
- Space after MOTIVATIONAL AND LEARNING TIPS is left blank for you to take notes and add other things to it based on your experience. If the space is not enough, you may use back side of the paper.
- Each lesson is followed by Grammar. Grammar contents is not directly related with the main lesson simply because it will be too complicated to analyze grammatical aspects of the lesson in the first class. It may require separate Grammar teaching before we start studying Surahs. Therefore, Grammar lessons build up your Arabic Grammar in parallel to vocabulary that you learn in the main lesson.

• DON'T FORGET TO DO THE 7 HOMEWORKS AS WILL BE EXPLAINED DURING THE COURSE. And MOST IMPORTANT of all: Don't forget to carry that vocabulary sheet in your pocket/purse and refer to it at least 5 times during a day.

#### The 7 Homeworks are:

#### Two for Tilawat:

- 1. At least FIVE minutes recitation (for the beginner) of the Qur'an from the Mushaf.
- 2. At least FIVE minutes recitation of the Qur'an from memory during activities such as walking.

#### Two for Study:

- 3. At least FIVE minutes study of the Word-for-Word translation (or from this book, for the beginners).
- 4. 30 seconds study of the vocabulary booklet or sheet, preferably before or after every Salah or any other suitable intervals. ALWAYS carry the vocabulary booklet with you till you complete the course.

#### Two for Listening and talking to others:

- Listening to a tape which contains these recitations with word-by-word meanings (in your car while driving and at your home while doing household chores). You can record the contents of this course yourselves into a tape, in case a recorded tape is not available.
- 6. Talking to your colleague for 1 minute every day regarding the lesson (if you are studying it in a class).

#### The last one for using it:

7. Recitation of the last 14 Surahs in rotation in the Sunan and Nawafil of daily Salah.

And two more homeworks on Du'aa (i) for self رَبِّ ; مُن عِلْمًا; and (ii) for others that Allah helps us all to fulfill our duties towards Qur'an.

The best way to learn is to teach, and the best way to teach someone is to turn him into a teacher.

Try to use the logo (as one of the simple ways) to bring Qur'an into our life:



# Lesson – 1 Introduction

#### **Objectives of the Short Course**

- > Convince that Qur'an is easy to learn
- > Encourage to recite Qur'an again and again with understanding
- > Help in interacting with the Qur'an (to bring it into our lives)
- > To pray Salah effectively
- > To generate the team spirit

# Understanding Qur'an vs. Learning Arabic Language (4 Major Differences in our approach)

- > Start from Salah (Why use any other text, when you want to understand the Qur'an)...
- > Focus on Reception (listening and reading
- More Focus on Vocabulary
- More Focus on "Sarf" and less on "Nahw"

#### **<u>GRAMMAR</u>**: Learn these words using TPI (Total Physical Interaction) as explained in the left box below:

When you say هُوَ (He), point the index finger of the right hand towards your right as if that person is sitting on your right. When you say هُمْ (They), point all the four fingers of your right hand towards your right. <b>In a class, both the teacher and the student should practice this together.</b> When you say أَنْتُمَ (You), point the index finger of your right hand towards your front. When you say أَنْتُمُ (All of you), point all the four fingers of your right hand towards your students. In a class, the teacher should point his fingers towards the students and the students should point their fingers towards the teacher.	Detached / Perso	onal Pronouns	No.	Per- son	
	he	هُوَ	sr.	3rd	
	they	هُمْ	pl.		
	you	أُنْتَ	sr.	2 <sup>nd</sup>	
	you all	أنتم	pl.		
When you say أَنَا (I), point the index finger of your right hand towards yourself. When you say نَحْنُ (we) point all the four fingers of your right hand towards yourself.	I	أَنَا	sr.		
	we	نَحْنُ	dI., pl.	1 <sup>st</sup>	

## Lesson – 2 SURAH 1: AL-FATIHAH (Verses-1-4)

الرّجيم ٢

the outcast.

الرَّحِيم (1)

the Most Merciful.

الْعَالَمِينَ (2)

(of) the worlds.

الدين (4)

(of) Judgment.

- \* I seek refuge in Allah from Satan, the outcast.
- 1. In the name of Allah, the Most Gracious, the Most Merciful.
- **2.** All the praises and thanks be to Allah, the Lord of the worlds.
- **3.** The Most Gracious, the Most Merciful.
- **4.** The Master of the day of Judgment.

GRAMMAR: (اسْم، فِعُل، حَرْف) : In Arabic, word can be of one of the three types.

يوم

(of) the day

- 1.
- (مُسْلِم، مُؤْمِن) or an attribute (كِتَاب، مَكَّة) Name) اسْم

رْب

the Lord

مِنَ الشَّيْطَانِ

from Satan,

مَالِكِ

Master

سُورَةُ الْفَاتَحَة: بسُم الله الرَّحْمٰن الرَّحِيم

الرَّحْمٰن

the Most Gracious,

بالله

in Allah

لله

(be) to Allah,

الرَّحِيم (3)

the Most Merciful.

الله

(of) Allah,

- (فَتَحَ، نَصَرُوا): Indicates the action (فَتَحَ، نَصَرُوا)
- (ب، لِ، مِنْ، فِي، إنّ) (Letter): Joins nouns and/or verbs) حَرْف

Let us take some nouns and make their plurals. In most of the cases, a plural is formed by just adding ين or ين at the end of the word. Both forms are correct. There are other rules for making plurals which you will learn later inshaAllah.

Plural		Singular
كَافِرُون ،كَافِرِين	$\leftarrow$	كَافِر
مُشُرِكُون، مُشْرِكِين	←	مُشۡرِك
مُنَافِقُون، مُنَافِقِين	←	مُنَافِق

Plural		Singular
مُسْلِمُون، مُسْلِمِين	$\leftarrow$	مُسْلِمُ
مُؤمِنُون، مُؤمِنِين	$\leftarrow$	مُؤْمِن
صَالِحُون ، صَالِحِين	$\leftarrow$	صَالِح

أُعُوذُ

I seek refuge

\*\*\*\*\*\*

In the name

الرَّحْمٰن

the Most Gracious,

أأح

(All) the praises and thanks

Let us apply these rules to what we have learnt in the last class.

For the first 3 times, practice these 6 forms with translation, i.e., just show and say هُوَ هُو هُو بَا هُو بَا هُو بَا هُو بَا يَعْنُ you all, li أَنْتَم ve. Since you will be showing what you mean by your hand, you don't need to translate each of them after 3 cycles. Just say هُوَ، هُمْ، أَنْتَ، أَنْتَمْ، أَنَا، نَحْنُ TPI, among many others. Continue the above steps without translating these words. <b>Just Five minutes of your practice using TPI will make the learning of these six words and many other things extremely easy!!! Also note that while practicing, don't worry about learning the terminologies. Just focus on these six words and their meanings.</b>	Pronouns (with examples)		No.	Per- son
	He is a Muslim.	هُوَ مُسْلِم	sr.	
	They are Muslims.	هُمُ مُسْلِمُونَ	pl.	3rd
	You are a Muslim.	أَنْتَ مُسْلِم	sr.	
	You are Muslims.	أَنْتُمُ مُسْلِمُونَ	pl.	2 <sup>nd</sup>
	I am a Muslim.	أَنَا مُسْلِم	sr.	
	We are Muslims.	نَحُنُ مُسْلِمُونَ	dl., pl.	1 <sup>st</sup>